

AUGUST 2016



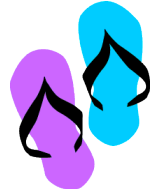
AUGUST 2016

Summer Vacation

## Youth Programs:

### Summer TAFFY

July 5 - August 5, 2016  
(Registrations on-going)



### Teen Night Out

August 2nd - Teen Cookout  
August 9th - Binghamton Mets Game  
August 11th - Seabreeze Amusement Park

**\*\* RSVP & Volunteer Hours Required \*\***

### Senior Dinner - August 3rd

Volunteer Opportunities Available  
Youth Dept. : 562-8443 ext 307

## CALENDAR

August 2nd - Teen Night Out / Cookout  
August 3rd - Senior Dinner  
August 4th - Italian Cooking Class  
August 5th - Last day of Taffy/Pizza Party  
August 8th & 22nd - Community Jam Session  
August 9th - Red Cross Blood Drive  
August 9 - Teen Night Out / Mets game  
August 11 - Teen Night Out / Seabreeze  
August 24th & 25th - AARP Driving Class



### Senior Monthly Dinner

*Bring a dish to pass  
& Your Place Setting*  
August 3rd, 2016 ~ 6:00 pm

**Ice Cream Social Sponsored by the Teens**  
~ All are Welcome ~

**First Wednesday of the month**  
**Next Dinner: Sept. 7th, 2016**



**AARP Defensive Driving Class**  
August 24 & 25th  
5:30 pm - 8:30 pm

*Fee: \$20 for AARP Members  
\$25 for Non-members*

*\$5.00 / person fee for BFCC*  
*Call/stop in to register for classes*  
562-8443 ext 303



### Italian Cooking Class

*with MaryAnne Holleran*



**Thursday, August 4th, 2016**  
**6:30-8:30 pm**  
**Cost \$20 / person**  
**MENU:**

**Condiggion - Bread Salad with Summer Vegetables**  
**Polo alla Cacciatora - Chicken Cacciatora**  
**Ambrosia of Wheat Berries, Fruit and Chocolate**

**Space is limited; call office to sign up**  
**Next class: Sept. 1, 2016**

**Teens looking for odd jobs?**  
**Residents need odd jobs / yard work done?**  
**Y.E.S. (Youth Employment Service)**

*A year round service for youth ages  
14-21 yrs looking for work and for  
individuals and businesses that have work to be done.  
Call the Youth Department for details.  
607-562-8443 ext 307*



## Red Cross Blood Drive



**August 9, 2016**  
**1:00—7:00 pm**  
**Walk ins welcome**  
**Big Flats Community Center**

### ~Calling all Musicians~

Looking to Share your talents and learn new  
music and most of all have FUN?

#### Community Jam Session

2nd & 4th Monday / month 6-9pm  
Big Flats Community Center

Open to all musicians of any talent & skill level





# AUGUST 2016



## Exercise

### Dance with Tracy Wigley:

**Mondays 4:00-5:00pm / Fee \$15 per class**  
**Childrens Ballroom & Latin**

**Mondays 6:30-7:30 pm / Fee: \$10 per class**  
**Boot Scootin' Bandits Line Dancing**

**Mondays 7:30-8:30 pm / Fee: \$15 per class**  
**International Latin**

**Thursdays 4:00-5:00pm / Fee \$10 per class**  
**Children's Ballroom & Latin Team**

**Thursdays 6:30-7:30 pm / Fee: \$15 per class**  
**Social & Party Dance**

**Thursdays 7:30-8:30 pm / Fee: \$15 per class**  
**Ballroom & Latin Dance**

### Bone Builders

**Tuesdays/Thursdays 10:00-11:00 am**  
 Call Cornell Cooperative Extension 734-4161 to register.  
 (doctor's release and paperwork required for new participants)

### Flexibility Exercises

(using chairs for balance)

**Mon/Wed/Fri 10:30-11:30 am**  
'Gentle' Yoga-Karen Clark Romans:

**Tuesdays 6:00-7:00 pm**  
**Thursdays 6:00-7:00 pm**  
**Fee: \$42/6 classes; \$10 Drop-in**

### Zumba with Vicki Rossettie:

**Wednesdays 7:30-8:30 pm**  
**\*Thursdays 12:30-1:30 pm**  
**Fee: \$42/6 classes; \$9 Drop-in**



## Creative Hands:

### ART:

#### Tuesday Painting

\*\*\* Will Return September 6th \*\*\*

**Tuesday 1-4 pm**  
**BYO Project**

#### Portrait Workshop

\*\*\* Will Return September 7th \*\*\*

**Wednesday 1-4 pm**  
**\$10.00/Class**

### Sewing / Knitting:

#### "Senior Sewing"

**Wednesday 9-Noon**  
**BYO Project**

**Instruction available**

#### "Knit 'n Knots"

**Monday & Friday 9-Noon**



## Senior Bus Trips 2016

- ♦ **Aug 24 ~** Cortland Repertory Theater  
"Kitchen Witches" Comedy
- ♦ **Sept 13&14** Lancaster, PA "Sampson"
- ♦ **Oct 6 ~** Penn's Peak "The Rat Pack"
- ♦ **Nov 10 ~** Beaches Dinner Theater, Rome, NY  
"X-mas in the 50's"



For more info call:

Mary Lee Fairbrother 562-796-9720  
 Donna Wren 562-7418  
 Margie Flynn 562-3736

## Eat Well, Live Well Lunch

**Mon./Wed./Thurs.**

**Lunch 11:30 am**



**Suggested donation \$3**

**Sponsored by:**  
**Office of Aging & Long Term Care**  
**Please call 737-5520 one day in**  
**advance for reservations**

**Monthly Menus available in Lobby**

The **Bright Red Bookshelf** provides **FREE** books. Look for the **Bright Red Bookshelf** in the outer lobby and take a book or two for the children in your life. Book donations accepted in the office.



**The red rolling book cart has books for adults available to the community for free. Please feel free to take a book and/or donate a book back. Available in the outer lobby.**

## Card Games:

**Monday: BRIDGE**

**Tuesday: The Players / Bridge**

**Wednesday: EUCHRE**

**Friday: PINOCHLE**

**12:30-4:00 pm**

**Come and play!**

**All are Welcome!**



## Big Flats Community Center

476 Maple St. Big Flats, NY 14814  
 607-562-8443 x. 303

5DD-711

communitycenter@bigflatsny.gov

Office Hours 8am - 4pm

Website: [www.bigflatsny.gov](http://www.bigflatsny.gov)

